

FOOTBALL CIRCUIT EXAM

OPTION A (MAX 5 POINTS)
OPTION B (MAX 8 POINTS)
OPTION C (MAX 10 POINTS)

1



OPTION A: 5 TOUCHS OF THE BALL (1 point)
OPTION B: 10 TOUCHS OF THE BALL (1,6 points)
OPTION C: 20 TOUCHS OF THE BALL (2 point)

3



OPTION A: BALL BELOW THE FENCES (1 point)
OPTION B: FIRST BELOW/ SECOND ABOVE (1,6 points)
OPTION C: BALL ABOVE THE FENCES (2 point)

5



OPTION A: WITHOUT TOUCHING THE HOOPS (1 point)
OPTION B: TOUCHING THE HOOPS (1,6 points)
OPTION C: ENTER THE BALL FOR SOME HOOP (2 point)

2



OPTION A: 10 CONES (ONLY ONE WAY) (1 point)
OPTION B: 10 CONES (ROUND)(1,6 points)
OPTION C: 20 CONES IN TWO LINES (2 point)

4



OPTION A: PASSES IN STATIC (5) (1 point)
OPTION B: PASSES IN STATIC (10) (1,6 points)
OPTION C: PASSES IN MOTION UNTIL THE GOAL (2 point)

MAXIMUM TIME:

OPTION A: 3' - 3'15"

OPTION B: 2' - 2'15"

OPTION C: 1'30" - 2'